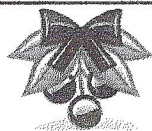


BAR HILL NEWS

November 2013; Issue 542



CHRISTMAS CRAFTS

Saturday 23rd November 1030am-4pm

The Octagon

You are welcome to join us for a day, or half day, of festive crafts and lunch.

Morning session 10.30am-1pm;

Lunch 1-2pm;

Afternoon session 2-4pm.

There is a choice of activities, including

- ♦ Papercraft: Christmas Baskets (am);
- ♦ Needle Felting (pm);
- ♦ Jewellery making (pm);
- ♦ Needlecraft (am).

Other activities to be decided, but may be subject to change on the day.

This is suitable for everyone from Year 6 upwards. Each activity will be led by an experienced "crafty lady", so help is available to achieve success in your choice of activities.

A Christmas Ploughman's Lunch will be served at 1pm at a cost of £2.00, but will need to be booked in advance. There will be tea, coffee and biscuits at the start of the morning (50p) and each activity will be priced modestly to cover the cost of materials.

Please contact Karen Austin 01954 781085 or Wendy Caton 01954 782041 by

Saturday 16th November to book your place and your lunch. Numbers are limited.



MANY THANKS to all who attended the Jumble Sale at the Village Hall on 21 September, in aid of Breast Cancer Research. Over £300 was raised.

Andrea

...please look at...please look at...please look at...

The PARISH COUNCIL NOTES this month. There is information about a **FREE** kerbside collection of electrical items in December. There is also a piece about this service on page 5.



Bar Hill School PTA

- Christmas Fayre -

Saturday 30th November from 2pm-4pm

in the School Hall

Come and Visit **SANTA'S GROTTO**

Browse the Christmas Stalls

Enjoy Mince Pies, Cake and other Refreshments

- CHILDREN IN NEED -

We're raising money with a Fundraising Fair

Saturday 9th November from 1pm-4pm in

Bar Hill Village Hall

There will be:-

- ☒ Cakes
- ☒ Lucky dip
- ☒ Tombola
- ☒ Christmas Cards
- ☒ Workshops
- ☒ Crafts
- ☒ Jewellery ...and more...
- ☒ Featuring sponsored leg waxing of members of Bar Hill Cricket Club and Social Club!

Prizes include:-

- ☒ Family tickets to football matches
- ☒ Museum tickets
- ☒ Shopping vouchers ...and a great deal more...

Visit us on Facebook

- SPECIAL CELEBRITY GUEST -



BAR HILL COMMUNITY CHRISTMAS MARKET

7th December from 10.30am-2pm

The Octagon and the Church



KNIT & NATTER CHRISTMAS COFFEE MORNING

Saturday 16th November

The Octagon from 10 am-12 noon



deadline for the next issue is 15th November, to bhneditor@yahoo.com,
or see page 2 for other contact details

BAR HILL RESIDENTS' ASSOCIATION

2012-13 Committee

Chairman	Roger Hall	01954 780304	11 Almond Grove
Secretary	Anil Pallan	01223 655620	72 The Spinney
Treasurer	Martin Avery	01954 781233	34 Acorn Avenue
Website	Simon Munford	email: simon.munford@gmail.com	
Also:	Paul Goodfield	01954 200228	15 Little Meadow
	Jo Hall	01954 780304	11 Almond Grove

Bar Hill News

Editor	Jan Cundy	e-mail: jan_cundy@yahoo.com	
Advertising Coordinator	Bunty Waters	01954 201421	77 Foxhollow
Distribution Coordinator	Martin Avery	01954 781233	34 Acorn Avenue

The Objectives of the Association are to act as an intermediary between Residents and other parties, to keep residents informed of matters of importance and recreation in and around the Village, and to promote the interests of Bar Hill. Opinions expressed in this publication and not necessarily those of the Association. Anonymous letters will not be published, but names and addresses may be withheld. However, these may be made available should a written request be received. This is a private publication and may not be reproduced in any way without the prior permission of the Bar Hill Residents' Association Committee.

ADVERTISING

All matters relating to advertising should be addressed to the Advertising Coordinator bunty.waters@ntlworld.com. Quarter-page adverts cost £15.50 per month and must be submitted by the 1st of the month prior to inclusion. Maxi ads (£8.50 per month) and Mini ads (£5 per month) should be submitted by 15th of the month prior to their inclusion. Sizes: Maxi: 6 x 4.5 cm – 9 x 6 cm; Mini: 6 x 2 cm – 6 x 4 cm. Quarter-page ads are for local businesses and we guarantee publication, but this often results in a waiting list. To help overcome this, we provide maxi and mini ads which appear throughout the publication. We cannot guarantee their inclusion, though, due to restrictions of space.

EDITORIAL

There is no charge for Articles, What's On, For Sale and Lost and Found, and these appear at the Editor's discretion. Please submit items by 15th of the month.

All telephone numbers without an area code are Crafts Hill (01954).

All items can be submitted electronically on disc or to bnheditor@yahoo.com, or hard copy via Parish Council Office.

THE MAPLE SURGERY

Tel: 01954 780442

www.maplesurgery.co.uk

Surgery Opening times:

Monday, Tues., Thurs., Fri.:	8.30 am–6 pm
Weds.:	7 am–6 pm
Physiotherapist Tues.	2 pm–5.15 pm
Podiatrist Mon., Weds. & Fri.	9 am–12 noon
Weds. & Fri.	1.30 pm–5 pm
Midwife Thurs.	2 pm–4 pm
Psychological Therapies Team Thurs.	9 am–12 noon
Dietician 1st Tues. of month	9 am–12 noon
Orthoptist 2nd Tues. of month	9 am–12.30 pm
CAMTAD 4th Tues. of month	9 am–11.30 am

Phone lines open from 8.30 am–6 pm Mon.–Fri.

Out of hours emergencies:

0330 123 9131 (Urgent Care Cambridge)
Health visitors are based at Longstanton Branch Surgery, Magdalene Close, Longstanton (Tel: 01954 781855);
Child Health Clinic every 3rd Tues. 1 pm–3 pm (drop in) at Children's Centre next to the Primary School, Bar Hill

BAR HILL VILLAGE HALL



- Conference Facilities;
- Seminars;
- Committee/Meeting Room;
- Training Days;
- Exam Sessions;
- Wedding Receptions;
- Birthday Celebrations;
- Anniversary Celebrations;
- Charity Events;
- Children's Parties;
- Jumble Sales.
- Kitchen Facilities.
- Excellent Parking and Catering Facilities.

During the week we have the following groups and clubs:

Mon.	Helene Jones Dance	3.30–8.15 pm
	(school term time only)	
Tues.	Shotokan Karate	5.45–8.00 pm
Tues.	Danielle (Boot Camp)	8.00–9.00 pm
Weds.	Helen Jones (Dance)	4.00–6.45 pm
Weds.	Zumba	7.00–8.00 pm
Weds.	Pilates	8.00–9.00 pm
Thurs.	Zumba	9.30–10.30 am
	(school term time only)	
Thurs.	Pilates	10.30–11.30 am
	(school term time only)	
Thurs.	Weightwatchers	7.00–7.50 pm
Fri.	Martial Arts	6.30–8.30 pm
Sat.	Sweat and Tone	8.00–9.00 am
Sun.	Bingo (doors open 7.15)	7.45–9.30 pm
	Cash prizes	

If you wish to book any of the above facilities, or get more information, please contact us at the Village Hall by telephoning 01954 782414 leaving a message (speak slowly and clearly please). We will call you back within 24 hours Monday–Friday. Or e-mail us on barhill.villagehall@btconnect.com.

We look forward to hearing from you.

THE ALLOTMENT SOCIETY



Anyone interested in renting space to grow their own produce can be put on our waiting list for membership. Please contact Rob Lawrence, plot allocator, on 07788 590348 to be put on the waiting list.

All other allotment matters should be addressed to: bhallotment@hotmail.com.

WILLINGHAM & LONGSTANTON SURGERIES

Willingham 01954 260230; Longstanton 01954 207600;

Dispensary 01954 260073

Website: www.willinghammedicpractice.nhs.uk

Still not had your flu vaccination? Don't worry – just ring for an appointment. Flu vaccinations are recommended and are free under the NHS for those aged over 65, pregnant women, anyone with a chronic disease and carers in receipt of Carers Allowance.

Private flu vaccines are available for those who do not qualify under the NHS criteria. Please ask in our pharmacy for details.

Repeat medication – Patients ordering repeat prescriptions during late November/early December will be offered 2 months' supply to cover Christmas and New Year.

Blood in your pee? Tell the doctor even if its "just the once".

Record sharing within the NHS – The Department of Health is now implementing its national initiative to ensure that information about you and the care you receive within the NHS is shared by healthcare staff in a secure system. If you are happy for your information to be shared you do not need to do anything. If you have concerns or would like more information, the Health and Social Care Information Centre have produced leaflets which will be available from your GP surgery. You can also get further information from these websites: www.nhs.uk/caredata or www.hscic.gov.uk. You do have a choice about how your information is used and shared.

Patient records – In addition to the above you will be given a leaflet to complete when you attend the surgery. These have been produced by the local Clinical Commissioning Group. Many healthcare services, including this GP practice, use a secure electronic health record system called SystmOne. With your permission, this system can allow other clinicians access to your record when you are seeking their services. If you have any queries please contact the Patient Experience Team on 0800 279 2535 or capccg.pet@nhs.net. Their contact details are included in the leaflet.

111 out of hours service – You may have heard in the media that there have been some problems surrounding the implementation of the new 111 service nationally. By the time you receive this newsletter it is possible, though not certain, that 111 may be up and running in our local area. In the meantime continue to use the Urgent Care telephone number as before (0330 123 9131) and if appropriate you will be redirected. More information to follow when available.

Cynthia Bidwell – Practice Manager

USEFUL TELEPHONE NUMBERS

- Church Office 206120 • Conservative Party (Iris Lay) 205265 • Happy Hours (Helen Collins) 782203 •
- Liberal Democrat Party (Andy Pellew) 07814 871752 • Library (renewals and enquiries) 0345 0455225 •
- Neighbourhood Watch 201001 • Parish Council (Leigh Baffa) 780456 • Police non emergency 101 •
- Post Office 789285 (Harry) • Pre-School 782892 • Samaritans 01223 364455 • School 273305 •
- Social Club 781881 • Swavesey Village College 230366

...letters...letters...letters...letters...

Dear Editor

Please pass on a big thank you to Edward from Richardson Tree Surgery, based in Hillcrest.

Edward came to the rescue after my flying wing plane made a premature landing at the top of a large tree. Although not a big, or ordinary, job Edward came out quickly and couldn't have been more helpful. A great guy who clearly knows what he's doing. Thank you – really appreciated.

Mark Dixon, Hillcrest

Dear Editor

I would like to congratulate the cast in the RADSOC production of 'A Fete Worse Than Death'. We had a really great evening, it was so amusing, a good story line with a surprise ending and the actors were great.

To add to the fun of the evening there were fete type games in the interval and from the laughter in the audience I think everyone enjoyed themselves. I look forward to the next production.

Best wishes

Bunty Waters

MAPLE SURGERY NEWS

Tel: 01954 780442

Flu Clinic – if you are eligible for a flu vaccination and you missed our recent flu clinic, please contact the Surgery as soon as possible to arrange an appointment.

Shingles vaccinations – will be available for all 70 and 79 year olds registered with the practice. Patients will be invited in by the surgery.

Staff – we welcome back Sophie Ward from maternity leave.

Opening Hours – we have reviewed our opening hours and will be opening longer from 1st November. Exact times to be advertised in the Surgery.

Prescriptions – please do remember to allow **TWO clear working days** for your repeat prescription requests to be processed.

For your own safety we are unable to accept repeat prescription requests over the telephone. You can request via our dedicated email maplesurgery.repeats@nhs.net or put your completed repeats slip into the grey repeat prescription box, located on the wall in the front entry foyer at the surgery. When surgery is closed please post your repeat request through the gap in the front door.

Appointments – we are still experiencing a large number of wasted GP and Nurse appointments due to non-attendance. If you cannot make your appointment, please let us know as soon as possible so that we may offer it to another patient.

Regards, *The Maple Surgery Team*

RASTERREPAIR

Home & Workshop PC Repair. Home Support.

T: 07413 849034; E: rasterrepair@gmail.com

HAPPY HOURS – NEWSLETTER



During August, we had a lovely party to celebrate our new baby Prince's birth – any excuse really! Tony Jacks came and played for us, plus his usual quiz. Sadly this was also our farewell to Roz Woods, who for the last few years has been our main cook.

However, luckily we had an offer of help from Sue, which we were glad to accept.

September started off with a generous donation of £64.50 from the BH Colts Football Club, from money raised at the Fete. Our grateful thanks to all concerned for thinking of us.

We've had details of free museum guides, which some members have booked.

Our Speaker was Dr Maureen James, who talked about Witchcraft, a subject she covered in her PhD. In the Middle Ages there was little medicine. Women who dealt in herbs were the only option, but due to fear and ignorance they were branded as witches, many going through terrible ordeals and losing their lives. A lot to be said for the NHS!

We had a raffle which raised £40 to be donated to Children in Need.

Since writing the above we have heard the sad news that Phyllis James has passed away. This is the end of an era for Happy Hours as. Phyllis and her husband Jimmy were the founder members of the Club. When they moved to Bar Hill and realised there was nothing for Pensioners, they obtained a grant from South Cambs and founded the Club. Phyllis was a lovely lady always willing to help and never a bad word for anyone. She will be sadly missed. .

Helen Collins

01954 782203

G B PROPERTY SERVICES

Specialist in flat roofing and all aspects of property maintenance

Call Pepe on 07761 143610

RESIDENTS' ASSOCIATION

Interested persons are always welcome at Residents' Association meetings. These are usually held on the first Tuesday of the month at 8 pm in the Parish Council office. Next meeting: 5th November .

SHOPPING SERVICE

This service is for Cambridgeshire Over 60s who are unable to do their shopping. Many supermarkets now offer online shopping but without a computer you cannot take advantage of this convenient service. Phone your order to our Shopping Service and we will make all the arrangements, and arrange delivery to your home. There is no commitment to shop every week. Age UK Cambridgeshire makes no charge for this service but supermarket charges for delivery do vary.

Enquires and orders can be taken from Monday–Friday between 9am–12.30pm on **01354 696650**. Registered charity number: 1107589

– 8 O'CLOCK CLUB –

The 8 o'clock club is an all-women's group which meets at 8pm on the first Thursday of the month in the school at Bar Hill. We have a varied programme between now and Christmas:–

Thursday 7 November Growing Old Disgracefully.

Thursday 5 December Christmas dinner.

To find out more about the club please phone Barbara 01954 204171; Adela 01954 204265 or Ann 01954 204687, or come along to one of the meetings.

– WEEE RECYCLING –

Recycle your waste electrical items (WEEE) and help the community.

On Thursday 12th December, you can place your electrical waste kerbside by 10 am, from where it will be collected and recycled. The Parish Council will receive revenue for all WEEE collected, for use on community projects.

Anything from washing machines to mobile phones, video players to light bulbs; please see www.wiserrecycling.co.uk for more information. Assistance can be provided to move large appliances – please don't obstruct the pavement when leaving items.

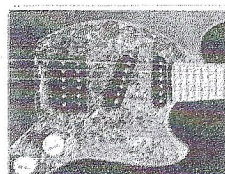
You can also take items to the Re-use & Recycling Facility at 11 Caxton Road, St Ives PE27 3LS. 0845 894 9979.

– FOR SALE –

Riding Boots Black/Brown; Size 4; Nearly New – £20

Pine chest in VGC, 4 large & 2 small drawers – £25

Call: 01954 200772



GUITAR & BASS TUITION

inc. Guitar Repairs

Phone

Steve Beaney

01954 260851

07929 888128

MATHS AND PHYSICS TUITION

Qualified teacher, with First Class Honours Degree in Physics, offers GCSE and A level tuition in Maths and Physics.

Telephone Paul Noble on 01954 780477.

ESOL kawiarnia/tylko mówić!

Lekcje języka angielskiego dla głosników w innych językach

Chesterton Community College, Gilbert Road

Poniedziałki i piątki 9.30 am-12

Skontaktuj się z Sarah Adams –

sadams@Chesterton.Cambs.SCH.uk

lub centrum sportów Chesterton – 01223 576110

BAR HILL SPORTS AND SOCIAL CLUB

The Sports and Social Club is situated on the top floor of the Village Hall. You can watch live sports on our two large HD TV screens; play pool, darts, skittles and cribbage or enjoy a drink in our quiet lounge bar. We also have an Xbox available for gaming.



What's on in November?

Sat. 2 Nov. Play Your Cards Right

Sat. 2 Nov. Halloween Disco

Children's Entertainer and Disco from 6:30pm, Prize for best dressed child.

Fri. 15 Nov. Children In Need Charity Race Night

Sat. 16 Nov. Play Your Cards Right

Sat. 23 Nov. Jenna, Female Vocalist

Sat. 30 Nov. Play Your Cards Right

Looking Ahead to December...

Sat. 7 Dec. Quiz Night

£75 behind the bar and a cash prize, £5 per team, max. 6 per team. No phones or Tablets.

Registration from 7.30pm.

Sat. 14 Dec. Play Your Cards Right

Fri. 20 Dec. Christmas Raffle

Tues. 24 Dec. Christmas Eve Disco

Sat. 28 Dec. Play Your Cards Right

Tues. 31 Dec. New Year Party

Visit our website, www.bhssc.org.uk or join us on Facebook, at Barhillsports.Socialclub.

Saturday Afternoon Football – Home games in November. Kick-off at 1400

Sat. 2 Nov. BHSSC Reserves v Cambridge Ambassadors.

Sat. 9 Nov. BHSSC v Burwell Swifts

Sat. 16 Nov. BHSSC Reserves v Glemsford & Cavendish United

Sat. 23 Nov. BHSSC Reserves v West Watting A

Sat. 30 Nov. BHSSC v Buckden

Membership Renewals

Membership renewals will be available in December, £8, Seniors, £4.

Not a Member?

New members are always welcome, join now for £10; Seniors £5. Pop in and have a look around. Please ask the bar staff for a membership form. See our website for opening times.

The club also has a junior membership for 16 and 17 years olds for a one-off payment of £5. This is valid until full membership can be obtained at 18.

Andrew Wilkin

01954 781881 (BHSSC)

FOR SALE

Bovis three-bedroom ex-showhouse.

91 Field View, Bar Hill, CB2 8SY.

Triple glazed. Insulated roof and walls. Two-week old boiler. 28' through-lounge in bay with arches. 18' kitchen with Rangemaster five-ring cooker.

30' conservatory. 28' double length garage converted to gym, sauna, shower and WC. Dressing room. En-suite. Coat cupboard. Porch. Three-car drive. Curtains, carpets.

01954 782480

CHURCH MATTERS

A WORD FROM OUR TRAINEE MINISTER

Well it's been a little over a month that I have been working with Charles Mather (Minister) at Bar Hill Church and in the community as the trainee Minister. It has been an immense pleasure getting alongside people and journeying with them through both faith and life in general. The family has had such a warm welcome from both the Church and residents that we have bumped into and had conversations with. There is definitely a family feel to Bar Hill and I know that if you found yourself wandering into the church, you would find that same feeling there, so come and visit us – you would be very welcome.

Rich Stein

MUCKY PUPS

Every Tuesday from 1.30–3 pm. Meet in the Octagon for bumps through to just walking. There will be the opportunity to meet with others, play, crafts, and coffee and chat! For enquires contact Ginny Markwick on 01954 789206 or Pat Muir on 01954 201367.

YOUNG PEOPLE GROUPS

Youth Socials

There is a time to relax, play games (Wii, Pool, Table Tennis) one Sunday per month from 7.15–9.00pm in the Octagon.

Cell Groups

These are groups of young people, meeting once a month, to learn more about the Bible and the Christian faith.

Cafe Church

As an alternative to sitting in the Sunday morning service, the children & young people meet in the Octagon on 1st and 3rd Sundays, for breakfast and a learning activity.

Young Peoples Evening Worship Service

This informal service is for adults and young people and uses contemporary music and format. This is held at 6.30–8.00pm on the 2nd Sunday of the month, starting with cake and drinks!

For more information on any of these events contact Heather at familysmeth@ntlworld.com.

KNIT & NATTER CHRISTMAS COFFEE MORNING Saturday 16th November

The Knit and Natter group will be holding its Christmas Coffee Morning in the Octagon on Saturday 16th November from 1000 until 1200 noon.

We'd be delighted to see as many people as possible to support this annual event. We'll be selling Christmas cakes and other festive food, as well as handmade items and the usual tea, coffee and cakes. As we try to be self-funding, this helps us to provide wool for the knitted items we put in the Operation Christmas child shoe boxes, and the cost of transport, to eager recipients. Please put this in your diary and join us on this day. For further information or to order a home-made iced Christmas cake, contact Sue Kenchington on 01954 780260. Many thanks.

BAR HILL CHURCH HOMEGROUPS

At Bar Hill Church we have six small groups who meet regularly both weekly and fortnightly, with a mixture of evening and daytime meetings. We hope that the groups facilitate discipleship, mission, fellowship, evangelistic outreach and pastoral care. We study a variety of popular biblical material; recent studies have included bible studies on the books of Romans and John as well as deeper insights in to the topics of prayer and worship. This year the groups also studied the television adaptation of 'The Passion of Christ' during the period of Lent. The current topic of study is 'praying through the Psalms'.

If you are interested in joining in the fellowship of a small group within the village please contact me at the Bar Hill Church office to discuss placing you in a suitable group.

With Blessings in Christ

Jenny Patton – Small Groups Coordinator

MESSY CHURCH...

...is for pre-school and primary age children and their carers. They meet in the Octagon from 3.15–5.15pm on the 2nd Wednesday of each month. Each session begins with craft activities followed by a story & song on a Bible theme, and ends with a simple meal. Come along!

For more information contact Peter at familysmeth@ntlworld.com.

OPERATION CHRISTMAS CHILD

Would you like to pack a shoebox to go overseas as part of Operation Christmas Child? Everyone is welcome to a service on Sunday 3rd November at 10am.

Receive: news about previous shoebox destinations; information leaflets about what to pack; empty shoeboxes to take away and fill.

COME AND JOIN US.

ROCK SOLID...

...is a midweek club for primary school age children which runs during term time only every Thursday evening in the Octagon/Meetings Room, from 6pm till 7.15. We have great fun with songs, news time, bible storytime, craft and games, stopping for a quick break for drink and a biscuit half way through! We are fully subscribed at the moment, but if you think your child would like to come along, please contact Adrienne Sharman 01954 780874 for further information.

THE MEMORIAL GARDEN

Do you enjoy gardening? Can you spare a few hours a month on a voluntary basis to help in the Village Memorial Garden? Minimal knowledge is required as guidance will be given. Further details please contact Chris Stannard 01954 781978.

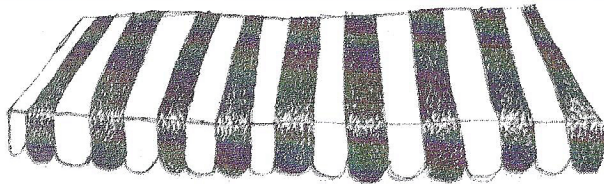
CHURCH MATTERS

THE COFFEE STOP



This takes place every Wednesday at 10 am until 12 noon at the Library. Coffee, tea and biscuits are served, and it is a good opportunity to meet friends old and new and have a chat.

Everyone is welcome. We support the "Friends of the Library" in making good use of this valuable resource and keeping it open for everyone. We would love to see you on a Wednesday morning.



BAR HILL COMMUNITY MARKET

2nd November 10.30am-2pm

CHRISTMAS MARKET

7th December 10.30am-2pm

In the Octagon and Church CB23 8EH

Entry is Free

Come and support your local community
A Variety of Handmade Crafts, Jams, Fruit, Vegetables,
Cards and Beauty Products.

We raise funds for Community Projects.

Refreshments

Soup and roll from 12noon

BBQ (*weather permitting*)

If you would like to be part of the market, please
contact either Karen Austen 01954 781085 or
Sue Gadsby 01954 200875

BAR HILL ECUMENICAL CHURCH SERVICES FOR NOVEMBER 2013 EVERYONE IS WELCOME

The Church Minister is Charles Mather. Please contact him on minister@barhillchurch.org.uk, or by phone 01954 277119. Website: barhillchurch.org.uk.

Sun. 3 November	10am:	Holy Communion focusing on Operation Christmas Child, with Cafe Church for young people
	6.30pm:	Evening Worship
Sun. 10 November	8am:	Holy Communion
	10am:	Remembrance Day Service
	4pm:	Deanery Confirmation Service
Sun. 17 November	10am:	Holy Communion
	6.30pm:	Taize style Worship
Sun. 24 November	10am:	Compassion Sunday Service
	6.30pm:	Evening Worship
Wed. 27 November	10am:	Holy Communion

There is a Roman Catholic Mass every
Saturday at 6 pm.

Contacts: Church Centre Manager T: 01954 206120;
office hours Mon., Weds. and Fri. 9.30-12.30 am.

WOULD YOU LIKE TO HELP WITH THE PRODUCTION OF THE BAR HILL NEWS?

Thank you to the eight people who responded to my request last month for new volunteers.
I would still like to hear from anybody who would be able to share the task of distributing the magazine to collators and deliverers.

Martin Avery

T: 01954 781233 E: m.j.avery@ntlworld.com.

THE CATHOLIC CHURCH OF OUR LADY AND THE ENGLISH MARTYRS

Hills Road, Cambridge

The Catholic Church serving Bar Hill

Parish Priest: Mgr Peter Leeming Tel: 01223 350787
Deacons: Revd Robert Joyce, Tony Northrop and Tony Sutton
Local contact: Bunty Waters Tel: 01954 201421
Monday, Wednesday, Thursday, Friday 8am and 12.15pm
Tuesday 8am and 7.30pm
Saturday 6pm. First Mass of Sundays
Masses in the Parish Church in Cambridge; also 5pm at The Ark, Cambourne, and 6pm at Bar Hill Church Centre.
Holydays of Obligation 8am, 10am, 7.30pm
Sacrament of Reconciliation

Tuesday 6.45pm (not after Mass)
Saturday 10.30-11.15am, 4.30-5.15pm, 7.00-7.45pm
Details of other services are published in the weekly newsletter which is available at the 6pm Mass each Saturday - copies are also available in the Church Centre.

- FOUND -

Very nice magnetic therapy
bracelet.

Please contact 01954 201421

- VACANCY -

A Midday Supervisor is needed
for the Harbour Class at Bar Hill
Primary School. From 12-1pm.
For details contact: Mrs Amos at
Harbour School 01353 740229.

Would the person who bought a
TV from Allan Letford, Thruffle
Way, like to have the instructions
for the TV? If so, please contact
me: Allanletford@aol.com.

– BAR HILL CRICKET CLUB –

Bar Hill brought the curtain down on their season at the annual presentation night and disco at the village hall.

After a relatively successful year, in which the first XI finished fifth with 10 wins from 17 matches and the seconds recovered from a slow start to finish in mid-table with 6 wins from 13, the top performers were presented with their awards.

Trophies went to: First XI batting: Scott Stanford; First XI bowling: Sam Clare; First XI players' player: Scott Stanford; First XI outstanding performance: Dave Cullum; Second XI batting: Muhammad Iqbal; Second XI bowling: Martin Cullum; Second XI players' player: Muhammad Iqbal and Chris Howse; Second XI outstanding performance: Muhammad Iqbal; Midweek XI batting: Scott Stanford; Midweek XI bowling: Barry Driver; Midweek XI player: Scott Stanford; Youth team batting: Harry Peterson; Youth team bowling: Miles Harvey; Youth team player: John Cornwell. Every member of the youth team received a commemorative medal. Most improved player: Chris Howse; Clubman: Jenni Stimpson.

Champagne moments went to Richard Page and Andy Howard for outstanding catches, to Phil Orvis for his unbeaten 90 to win the match against Willingham, and to Scott Stanford for becoming the club's all-time record run scorer.

Commemorative caps were presented to Barry Driver and Craig Driver, who both reached 100 league appearances during the season. Wayne Rowland and Muhammad Iqbal received calligraphy scorecards to commemorate scoring centuries during the season.

The annual meeting will be held in January – keep an eye on our website at www.barhillcricket.org.uk for more details on this and other news during the closed season, including winter practice sessions for both adult and youth members.

We also have a Facebook page, and you can follow us on Twitter @BarHillCC.

Paul Stimpson – 01954 201212

MENZIES CAMBRIDGE HOTEL & GOLF CLUB BAR HILL

– Job Vacancies November/December 2013 –

Christmas – earn extra money in the months of November and December by working in Food and Beverage departments – *flexible hours, weekly paid.*

- Meeting and Events Operations Supervisor – full time;
- Breakfast Supervisor – flexible;
- Handyman – part time, hourly paid – painting and general maintenance;
- Bar Attendants – evenings and weekends, flexible hours.

Please send CV with covering letter to: Shaun Van Looy, General Manager. E: shaun.vanlooy@menzieshotels.co.uk; T: 01954 249988; Post: Menzies Cambridge Hotel & Golf Club, Bar Hill, Cambridge, CB23 8EU. Or contact hotel reception for more information.

Due to the high volume of applicants we are unable to respond to every application made.



FRIENDS OF BAR HILL LIBRARY

Annual meeting for 2013

At the Friends AGM on 27 September events that have taken place over the previous twelve months were reviewed, and plans for the future were considered. The year began with a successful social evening in January. There was a disappointing drop in the number of subscriptions taken out, but most Friends remain loyal and many had replied to the survey issued recently asking for their views about the way forward.

Other events had been disappointing, with very low turnouts for talks that were of considerable interest and amounts raised at book sales that were not worthwhile in terms of the time and effort involved.

Our finances

The talks programme made a significant loss, and book sales raised a limited amount. Donations from the Coffee Stop in respect of their use of the Library were most welcome. The only significant purchase of the year was a magazine rack for the Library, which had been welcomed by staff but accidentally broken soon after its installation.

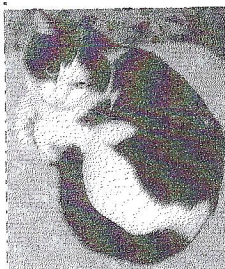
The committee

It was not possible to fill the vacancies on the committee at the meeting. The chairman is continuing for the time being, a new treasurer has been appointed, and there is one committee member still in post. The plan is to convene a new committee in the next few months. That will equip us once again to encourage use of the Library and support the service it gives to our community.

Coffee mornings

We'll be serving coffee in the Library on Thursday 7 November from 10.00 am to noon, and again on 5 December.

– FOUND CAT –



I received an e-mail on 8 October from a gentleman who said that a young black and white cat had moved into his conservatory a few weeks earlier. He attached this picture – isn't he a handsome boy? Unfortunately, due to circumstances beyond my knowledge, but obviously not my stupidity, the e-

mail disappeared from my inbox to

I-know-not-where.

Could the sender please get in touch again

(bhneditor@yahoo.com), in case anyone recognises the cat? Many thanks.

AIRPORT CARS CAMBRIDGE



- Long-haul journeys, airport delivery & pick-up only
- Non smoking, air conditioned executive cars
- Prompt, reliable and courteous door to door service
- Mini vans available for holiday delivery & pick-up
- Reasonable rates



For the most competitive quote call:

01954 782822 / 07971 463639

jamesairportcars@gmail.com

NOT TOO NEAR, NOT TOO FAR

FOR INDEPENDENT FINANCIAL ADVICE

on investments, regular savings, pensions, life cover, inheritance tax planning etc

Contact: NIGEL BOLITHO OF BV SERVICES

185 High Street, Cottenham, Cambridge, CB24 8RX

Tel 01954 251521

Email: Bolitho@enterprise.net

Authorised and regulated by the Financial Conduct Authority



- Family owned & independent
- Traditional & contemporary funerals
- Personal service 24 hours every day
- Private chapel of rest
- Pre-arranged & pre-paid funeral planning
- Green & woodland burials
- Funerals for all faiths & beliefs
- Off-road parking

Recommended in The Good Funeral Guide for the second consecutive year

ANDREW PATEY
Dip F.D. Dip F.M. LMBIFD
Managing Director

PHILIP REYNOLDS
Dip F.D. LMBIFD
Funeral Director

01223 415255

617 Newmarket Road • Cambridge • CB5 8PA

www.cambridgefs.co.uk
info@cambridgefs.co.uk

Village Vet



The vet your pet would choose

Longstanton

34 High Street, Longstanton CB24 3BS
01954 780027

Cottenham

66 High Steet, Cottenham CB24 8SA
01954 252122

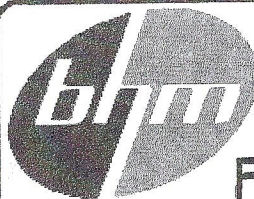
Milton

26 Cambridge Road, Milton CB24 6AW
0845 500 4 24 7

24 hr emergency:
0845 500 4 247

www.villagevet.co.uk





Bar Hill Motors

20, Viking Way (next to Tesco's)

For all your car care needs

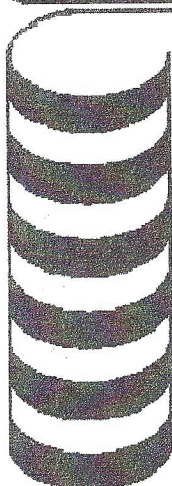
The air conditioning has had a hard summer!
Has it been serviced in the last two years?
If not, we can help with our Qualified Staff
and equipment



Opening times

Mon. To Fri. 8.00am - 5.30pm
Sat. 8.30am - Noon
Closed Sun.

 **781132**



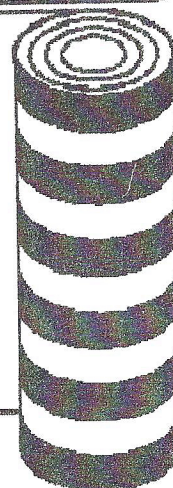
Alan's Carpets

- * Home selection Service
- * Over 40 Years Experience
- * FREE quotes - Priced right
- * Extensive range of Quality Samples
- * Room sized Roll ends - Carpets & Vinyl
- * Orders fitted within days, not months
- * Showroom now open at 1 Station Road, Swavesey



Alan Shrimpton

Phone 232298 or 780970



RedLocks
Locksmiths



Your local locksmith

**Locked out? All locks opened,
fitted, repaired and replaced**

- Garage doors
- UPVC door & window specialist
- Safes fitted and opened
- All work guaranteed
- 24 hour service
- CRB/DBS checked

**SERVICING BAR HILL AND
SURROUNDING AREAS**

Student and OAP discounts

freephone 0800 8 247 047

t 01954 202818

m 07784 240 970

w www.redlocks.co.uk

e info@redlocks.co.uk

Local Reliable Electrician

- ✓ From a single socket or a extra lighting fitting, to a full rewire.
- ✓ We leave your Property as clean and tidy as we find it.
- ✓ Free estimates.
- ✓ No job too small.

Contact Bruce on

(01223)295213

07783 718018

bruce@brucewright8.wanadoo.co.uk



Part P Approved
Contractor

ELECSA

ELITE

TEL: 781937 MOB: 07986392611

43 THE SPINNEY
BAR HILL
CAMBRIDGE, CB3 8ST

- * FULL BATHROOM AND KITCHEN DESIGN & INSTALLATION
- * ALL ASPECTS OF FLOOR/WALL TILING
- * SUPPLY & FIT OR LABOUR ONLY
- * LAMINATE WOOD FLOORING
- * FREE QUOTATIONS AND ADVICE
- * QUALITY WORK GUARANTEED

WE CAN ALSO LOOK AFTER ALL YOUR
PROPERTY MAINTENANCE REQUIRE-
MENTS

e-mail: dean.mills2@hotmail.co.uk

Full and Part Time Care Workers

Work closer to home in a role that's close to your heart.

If you're a support worker looking to make a real difference - or would like to train to be one - Midas Care would love to hear from you. We are one of the most respected names in independent healthcare and preferred provider of homecare for Cambridgeshire County Council. You'll join our friendly teams on established local rounds, offering physical and mental support to patients in their own homes whilst maintaining our high standards of delivering 'quality care'. In return you'll receive good pay, mileage allowance and appropriate training.

apply@midas-care.co.uk

or telephone 01954 571061



KH Flooring services

Domestic & Commercial Installers & Suppliers

HOME SELECTION SERVICE

CARPETS / VINYL

Karndean / Amtico

**Altro safety flooring (wet rooms /
kitchens)**

Laminates and Wood Flooring

FREE Quotation No Obligation

EMAIL: flooringquotes@aol.com

CALL 01954 780570 9.00am-5.00pm

Mob: 07801542378 8.00am - 6.00pm day time

Bar Hill CB23 8TF

ServiceMASTER Clean.

The Clean you
expect

.....the Service
you deserve

Quality carpet and hard floor cleaning

Call us today and ask about our latest
offers on Carpet, Rug, Upholstery,
Curtain and Hard Floor Cleaning

Tel. 01223 245267



info@servicemastercambridge.co.uk

*Family Run Business with over 30
years' Experience*

ServiceMaster Cambridge operates within a 20
mile radius of Cambridge City Centre, covering
places such as Bar Hill, Burwell, Saffron
Walden, Cambourne, Sawston and Melbourn

www.servicemastercambridge.co.uk

ELECSA
Part of the ECA Group



A Barrett Electrical

Competitive Prices and First Class Service

All Types of Electrical Installation, Maintenance
And Repairs including testing and inspection

Domestic, Industrial and Commercial

Bar Hill Resident 38 Years

- New Build Installations
- Rewires
- Extensions
- Smoke Detectors
- Lighting
- Power
- Security Lighting
- Call Outs
- Testing / Inspections
- Data Wiring
- Consumer Units
- Heating/Showers

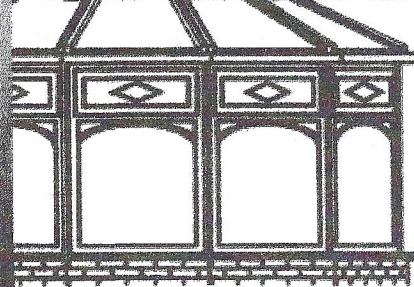
85 Stonefield, Bar Hill, Cambridge, CB23 8TE

Mobile : 07735615871

Email - barrett11@msn.com

Elecsa Reg No: EPP32673

SPECTRUM



CONSERVATORIES WINDOWS DOORS



MOBILE: 07702 895673

TEL: 01954 789478

Chris's Bikes

Bar Hill's local cycle centre

2 Thornton Way, Girton (Just off Huntingdon Road)

- Professional, knowledgeable and friendly service
- Top quality, competitively priced repairs
- Wide range of spares/accessories available
- Cambridge's only 5 Star Magura Service Centre
- Stockists of Magura Hydraulic brakes
- Probably best range of commuting bicycles in town
- Good selection of quality hybrid and mountain bikes
- BMX and children's bicycles also available:

Giant, Hare, Mongoose, Huffy & Diamond Back

- Good quality secondhand cycles always available
- Plenty of parking
- **Cambridge Stockist of GIANT**
- **Quality for less**

276604

Come and visit us; we will make you welcome

SE

stampelectrical

LOCAL ELECTRICIAN

01954 789064

- Fuse Boxes
- Showers
- Extra sockets
- Lights
- Heating controls



stamp.electrical@ntlworld.com

GROUP FITNESS FOR ALL AGES

SHAPE N TONE

Mons 6.30pm-7.15pm, Church, Bar Hill
Weds 6.30-7.15pm, Church, Bar Hill

THE FITNESS CLASS

Mons 7.30-8.30pm, The Church, Bar Hill
Thurs 6.15-7.15pm, Oakington Pav

OVER 55S CLASS

Tues, 10-11am. The Church, Bar Hill
Frids 10-11am, Oakington Pav

£4.50 A CLASS / £36 FOR 10

CONCESS £3.50 A CLASS, £30 FOR 10

Call Simon on 01223 236945

or visit www.bodyinmotionpt.co.uk

Free First Class

**P
H
Y
S
I
C**

We are moving
on 30 September
to

**76 Gilbert Road
Cambridge
CB4 3PD**

Roger Giddings - Osteopath
Emma Bicknell - Osteopath
Mike Salt - Sports massage
David St Laurent - Injury rehab

but can still be reached on

01223 237459

www.physic.co.uk

Power Tool & Plant Hire, Sales & Repairs **M. P. Harvey 119-123 Middlewatch, Swavesey**

Tools for all your requirements: Decorating, building, gardening, breaking and DIY
Service agents for: Black & Decker - Stayer - Ryobi - Elu - Fein - Dewalt Power Tools.
All other tools and small plant repaired, including Kanges, disc cutters and generators

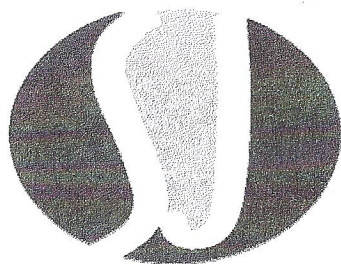
Open: Mon. - Fri. 8am - 5pm, Closed Wed. pm, Sat. - 8am - 12noon

Tool Hire:

Mixers, Compactor plates, Kango hammers, Floor sanders, Belt sanders,
Orbital sanders, Angle grinders, Drills, Saws, Carpet cleaner, Wallpaper steamers,
Tile cutters, Acrows, Mowers, Rotavators, Hedge trimmers, Pumps

*Adults & children's
bouncy castles
now available*

 **206113**



Steve Jolley
Plastering & Tiling

6 Foxhollow
Bar Hill
Cambridge
CB23 8EP

Home 01954 780445

Mobile 07727 203626

T.N. Walsh (AIP-RP)
Plumbing and Heating

Tel: **01954 780252**

Mobile: **07887 561525**

All plumbing and heating work,
including poflushing

Acorn Avenue, Bar Hill, Cambs,
CB23 8DT

24 hour service...No call out charges!



23354



026851

Est. 1989

**ARCHITECTURAL
DRAWINGS**

FOR

PLANNING & BUILDING
REGULATION APPLICATIONS

NEW PROPERTIES, EXTENSIONS,
LOFT CONVERSIONS ETC

CONTACT US now to arrange a FREE on-site
meeting at your convenience to discuss your project.

ELY DESIGN GROUP

'Architecture By Professionals'

www.elydesigngroup.co.uk/bhn.php

Tel: 01353 649649 Mob: 07939 158482

mail@elydesigngroup.co.uk

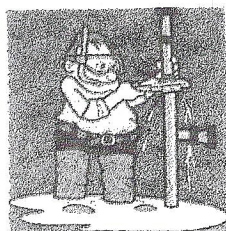
AIR CONDITIONING • AIR COMPRESSORS • STEAM CLEANERS • WELDERS
GENERATORS • POWER TOOLS • WORKSHOP EQUIPMENT • TOOLS

ELLIOTTS
Masters in Machinery

Tel: 01954 20 20 20 Fax 01954 78 28 01

e-mail: sales@elliotts.co.uk www.elliotts.co.uk

Unit 44, Viking Way, Bar Hill, Cambridge, CB23 8EL



213666

M&M

Heating & Plumbing Services

Corgi & Oftec Registered

Oil/gas boiler service

Bathroom Installations

Heating/Plumbing m

Power Flushing

Landlord Certificates & Safety Checks

Free estimates

Friendly and reliable local service

01223 691599

07832261791/07766281962



FRIENDS OF THE ROSIE HOSPITAL



The Friends of the Rosie Hospital, with your help, are making the Rosie a more comfortable environment for mothers and babies.

Follow us on the Rosie in Stitches Facebook page. New knitted clothes and toys for sale on our website www.rosieinstitches.org.uk.

Glad to be able to report that with your help we have a profit of £1,200 so far in 2013. Start your Christmas shopping today with our online pages or at the following stalls.

Upcoming Stall dates

Community Market, Octagon, Bar Hill – Saturday

2nd November – 10.30am to 2pm

Addenbrooke's Outpatient Hall – Wednesday

6th November – 10am to 4.30pm; and

Wednesday 4th December – 10am to 4.30pm

with our large display of baby and children's clothes from new born to age 4, as well as lots of toys for Christmas gifts.

Children in Need Fair, Village Hall, Bar Hill – Saturday 9th

November – 1–4pm

We have discounted items for sale in our eBay Charity Store Rosieinstitches2010.

There are links to affiliate stores on our website where we will get a donation. To support Friends of the Rosie Hospital, Cambridge, England, visit <http://www.easyfundraising.org.uk/causes/forh> and follow the instructions. You can raise funds by using the

Easyfundraising search site at <http://forh.easysearch.org.uk>

If you can improve our website, organise the three large stalls per year at Addenbrooke's Outpatients, provide transport for our volunteers or display a small selection of our wares please contact a member of the committee, details are given on our website. Thank you all for your support.

NWR



Ladies – give yourselves a break. Enjoy discussions and make new friends!

NWR is a national organisation promoting friendship and self-confidence for lively minded women. We share ideas

discuss topics, occasionally listen to speakers and enjoy social events. We invite you to join us, come along to one of our meetings, you would be very welcome.

7 November: People from History – tell the group about a person from history you would like to be and why you have chosen him/her. Venue: Kaye's.

14 November: National Telephone Trail. Venue: Di's.

21 November: Come Dine with Me – which four people (dead or alive) would you invite to your dinner party, and what would be on the menu? Venue: Karen's.

5 December: Islands Around Britain – what do you know about the many islands around Britain? Research one of them. Venue: Jane's.

The Bar Hill NWR group meets informally on alternate Thursday evenings; we pay just £1 per meeting to cover costs. Please call Marie-The Last on 780329 or Geraldine Martenz on 203458. NWR can also be found on www.nwr.org.uk. Why not have a look!

STORYTIME AT BAR HILL LIBRARY

Stories and pictures, rhymes, songs and craft activities.

10.30 am at Bar Hill Library

Storytime continues to attract small children and their parents or carers into the Library. Open to children of pre-school age and their older brothers and sisters who are accompanied by an adult, it offers half an hour of book-based enjoyment twice every month.

Often there is a theme – we have featured the weather, rabbits and things that go wrong recently, exploring those with stories, songs and craft activities. The children have enjoyed colouring pictures, and have made rabbits' ears and weather charts for themselves.

This free event opens up the treasure that books present, introducing young children to their local library and revealing to them all that is to be gained from learning to read. There is no need to book; just come along.

– FAMILY WRESTLING SHOW IN BAR HILL –

16th November – Bar Hill Village Hall

The stars of Ultimate British Wrestling are coming to Bar Hill to present UBW-FIGHTBACK. After the great family show in Cambourne last month they're coming back to Cambridgeshire!

Doors open at 6pm and the show starts at 6.30pm.

Tickets available at Bar Hill Social Club or at:

www.wegotickets.com/ultimatebritishwrestling.

Prices: £9 adult, £7 child under 16 or a family of 4 (2 adults, 2 children) for just £25.

For more information visit our website

UltimateBritishWrestling.com or on Facebook.

NOVEMBER BULLETIN FROM CAMBRIDGESHIRE FIRE AND RESCUE SERVICE

Fireworks and bonfires can be fun for all the family. CFRS recommends going to an organised firework display instead of holding one at home. However, if you do use fireworks or light a bonfire at home, we would ask you to take on board our safety advice to ensure it is just the fireworks that go off with a bang:

- Keep fireworks in a closed box and always follow the instructions.
- Light them at arm's length using a taper and stand well back.
- Never go back to a lit firework.
- Never put fireworks in your pocket or throw them.
- Don't light bonfires in unsuitable weather, particularly in windy conditions.
- Don't leave bonfires unattended.
- Build bonfires well clear of buildings, fences and hedge.
- Never use flammable liquids to start the fire, and never burn dangerous rubbish such as aerosols, paint, foam furniture, rubber tyres, batteries.
- Before you light the bonfire, check that children and animals are not hiding inside and are a safe distance away.

Like our fan page on Facebook: www.facebook.com/cambsfrs, follow us on Twitter @cambsfrs.

To find out if you are eligible for a free home fire safety check, call 0800 917 99 94.

BAR HILL CHILDMINDERS



If you are thinking of going back to work or would just like to have a bit of time to yourself, then why not leave your child in a friendly environment with a Childminder who is Ofsted registered, fully insured and

First Aid Trained? Childminders offer a wide variety of activities including trips out to local toddler groups and parks, arts and crafts, music, stories and much more. If you would like to find out more, you can call any of the Childminders listed below or just come along to our 'Little Bunnies' session on Thursdays to meet us all (details below).

Childminders with Current Vacancies

Kirsty	07584 168909
Melanie	01954 204496
Jacky	01954 780249
Kirsten G	01954 200228
Mandy	01954 204223
Kirsten C	01954 202228
Janine	07879 613731
Terri	07846 018714

'Little Bunnies' Toddler Group for Babies and Pre-school Children and their Parents/Carers. We meet on Thursdays 9.45–11.15 am in the Octagon (term time only) £2.50 per family/carer – or £1 per adult with one child under a year old. Includes soft drinks and healthy snacks for the children, hot drinks for the adults. We have a large range of indoor and outdoor toys.



1ST BAR HILL BEAVER SCOUTS

What an exciting term for the Beavers! Our meetings are themed around our promise and challenge badges this half term, so activities are many and varied.

By the time you read this, we will have built towers with spaghetti and marshmallows, decorated and shared cakes, been on a Teddy Bears' picnic with other Beavers in the District, joined in Harvest Festival celebrations at the church and all tried our hands at punting up the River Cam – with our new Beavers making their promise en route! Grrrr! Our Jungle Sleepover will be held this month, when we have to rescue all our kit and supplies from some very naughty monkeys, then use it to meet challenges, do craft activities, play games and even cook our own supper over a fire built by the Beavers.

Once it's really dark, early in November, we'll be off exploring more locally on a night hike, with the Beavers choosing their own route in a rather special way... Our colony has grown rapidly this year so we are in urgent need of more adults to help run it – could *you* be one of them?

Find out more by giving Debbie or Andy a ring on 01954 719345 or e-mail debbiegloverbeavers@live.co.uk.

– NEIGHBOURHOOD WATCH –

It's that time of year again... Think lights. Now the evenings are dark much earlier, walking or driving round the village it bothers me how many houses are in total darkness, clearly shouting out 'I'm empty – I'm an easy target!' A set of three plug-in timers for lights and radios is not expensive and could deter a burglar. Act now, rather than have regrets later. In addition, be a good neighbour and share your concerns when you see a house in darkness. When I do this, people look at their property with fresh eyes and suddenly realise how conspicuous it is.

Victim Support

This charity offers free and confidential support to victims of all types of crime; emotional support by phone or visit, practical help e.g. with home security, form filling; advocacy. The majority of referrals are from the police but anyone can refer a friend or themselves. Support at an early stage may be vital in helping someone move on from a crime but equally they can help people struggling with past memories. The crime does not need to have been reported to the police e.g. a victim of domestic violence may want support and advice about keeping safe and protecting children. Be a good neighbour and recommend the charity if you think they could help any victim of crime. T: 0845 456 5995;

E: vcu.eastofengland@victimsupport.org.uk.

Those giving evidence in court: guidance and advice about what to expect; pre-trial visits to view the court; company to court. T: 01480 453000

The charity also welcomes enquiries from potential volunteers who will receive full training and support.

Pam Vandy – NHW Village Co-ordinator,
nhwinbarhill@yahoo.co.uk.

GIRLGUIDING IN BAR HILL

Ten Guides and two Leaders enjoyed a great day out in London recently. They spent the morning at the Victoria and Albert Museum of Childhood, followed by a sightseeing tour on the London buses, getting off at Buckingham Palace to watch the Changing of the Guards, and then Covent Garden to see the street artists. Later, the Guides made their way to Wembley Arena for the main event of the day, the BIG GIG 2013, a pop concert for Guides and Girlguiding members aged 10 and up, where the acts included Union J, Conor Maynard, Overload, Charlie Brown, Little Mix, 5 Angles, Dionne Bromfield, Jahmene Douglas, and Katy B. In the Guides' words, it was "awesome, epic and we can't wait for next year".

Girlguiding units currently meet weekly in Bar Hill: Rainbows (age 5–7) Monday and Wednesday, Brownies (age 7–10) Tuesday and Wednesday, Guides (age 10–14) Wednesday, and Senior Section (14+) meet monthly.

<http://www.girlguiding.org.uk/interested>.

For more information about local girlguiding, please phone 07980 739928 or email Di Gunton, Bar Hill District Commissioner, at di@theguntons.com.

EXPRESS ROOFING SERVICES		
5-10 year guarantees	Flat Roofing Specialists Emergency 24 hour Service Roofing for over 25 years	
	* Insurance work * Guttering * Facia Boards * Garages & Extensions * Re-roofing & repairs	
	Prompt Reliable Service	
	01487 841008 Mobile 07860 680550 37 Greenfields, Earith	
		Competitive Rates



www.haart.co.uk

- Experienced staff with local knowledge
- 10 Cambridge regional offices, 223 national
- Independent mortgage advice
- Advertised on 7 major property websites
- No sale – no fee

The only agent truly serving Bar Hill

Unit 12, The Mall

Call the office today for your free, no obligation, valuation

781411

King & Co.

Solicitors

238, High Street Cottenham

Tel: Cottenham 251818

Opening Hours:-

Mon. - Thur. 9.00 am - 5.00 pm

Fridays 9.00 am - 4.00 pm

No
Parking
Problems

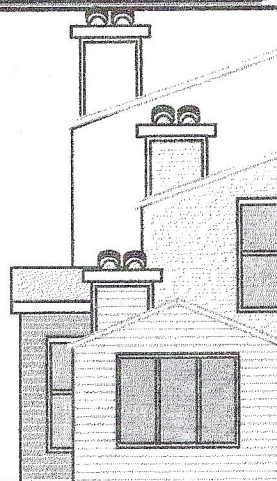
J T Carpentry & Joinery Building and maintenance

All Domestic Carpentry & small Building work. Kitchens. Bathrooms. Wardrobes. Doors. Architraves. Skirtings. PVCu & timber Windows. Decking. Security locks. Stud walls. Insulation. Glazing. Cupboards. Painting. Repairs. Please call if your job is not listed.

Also: Brickwork, Alterations, Renovations, Loft conversions, Garage conversions, Dormers, Hand cut & trussed roofs. Discounts for OAP's

City & guilds Apprenticeship served, 37 yrs experience. References available. Bar Hill resident. Free Estimates. Sensible rates. Commercial work undertaken. Maintenance & repairs. Good rates for long term contracts.

Call for information. **01954-780471 or mob 07846-847808.**
jtcarpentryno1@yahoo.co.uk. <http://www.johnnytno1.moonfruit.com>



R.PETCH . DECORATOR

Quality Workmanship since 1962

EXTERIOR PAINTING



INTERNAL DECORATING AND WALLPAPERING

FREE ESTIMATES

BAR HILL RESIDENT 1988 - 2004



TEL: 01223 861970

www.petch-quality-decorator.co.uk

petch_decorator@hotmail.com

Green Heat Ltd
The Energy Efficiency Company

High Efficiency
Heating installations
By local award winning
Heating engineers

REDUCE YOUR BILLS THIS
WINTER WITH A NEW
HIGH EFFICIENCY ENERGY
SAVING BOILER

Green Heat Ltd - The Energy Efficiency Company - Better value than British
Gas and up to £1000 cheaper according to "The Times"
NOW IS THE TIME TO CHANGE YOUR OLD BOILER

WHY PAY MORE FOR YOUR ENERGY THAN YOU NEED TO ?

HELP YOUR POCKET AND THE PLANET

PHONE NOW FOR A FREE NO OBLIGATION QUOTATION

01223 277278
www.greenheat.uk.com



CAMBS INTERIORS

Specialising in the supply and or fit of complete bathroom and kitchen refurbishments

Full bathroom and kitchen design and planning

Bathroom and kitchen fitting

Wet Room design and fitting

Plumbing, Tiling, Plastering, Joinery, Electrics.

M: 07969 748393 T: 01954 201085

74 Hillcrest, Barhill, Cambs, CB23 8TQ

JASON KIRBY

Professional Painting
& Decorating Ltd

- All Aspects of Internal & External Decorating Undertaken.
- Period, Residential & Commercial Properties.
- City & Guilds Qualified.
- Full Public Liability Insurance.
- For Quality & Reliability At Competitive Rates
- References Available.



Tel/Fax: 01954 231222

Mobile: 07966 174431

jasonkirbyltd@gmail.com

A Professional Service from Start to Finish

Andrina Baldock

SAC Dip. FHPP FHPT
Foot Health Practitioner

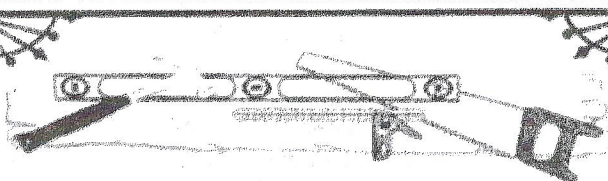
I am a qualified Foot Health Practitioner
offering treatments in your own home for.....

Corns • Callus • Verruca • Hard skin removal • Nail Cut • Fungal
Infections • Athlete's Foot • General nail and foot care

Call Andrina now for an appointment!

07966 571 686

FOOT SPA PEDICURES ALSO AVAILABLE!



DAVID HUMPHREY CARPENTER & JOINER



01480 432275

Mob: 07788 428680
Fax: 01480 451566

In need of any work doing around
the home, but haven't got time to do it?

Then look no further ...

- ★ Carpentry & Joinery
- ★ Windows & Doors
- ★ Exterior Finishes
- ★ Roofing
- ★ Home Security
- ★ Conservatories
- ★ Loft Conversions
- ★ Home Extensions

No job too large or too small
Quality work at realistic prices

PROBLEMS?

WITH YOUR EXISTING DOUBLE GLAZING



DOMESTIC • COMMERCIAL INDUSTRIAL REPAIR & MAINTENANCE SERVICE

• **WE REPLACE** Glass, Locks, Handles, Hinges,
Patio Door Wheels, Tilt & Turn Mechanisms

• **WE FIT** Window Opening Restrictors,
Cat Flaps, Fly Screens

FREE
ADVICE /
ESTIMATES

• **WE SPECIALISE IN** New Conservatories,
Windows, Doors



SECONDARY DOUBLE GLAZING ALSO AVAILABLE

the WINDOW & DOOR SURGEON

For a Free and Efficient Service Please Call

Phone **01954 201944**

Email: dw@windowdoor.co.uk
Web: www.windowdoor.co.uk

2 RAMPTON ROAD • WILLINGHAM • CAMBRIDGE

WE DON'T PUSH WE DON'T EXAGGERATE ON PRICE WE JUST SOLVE PROBLEMS

Drake Heating and Plumbing

Tel: 01954 781366 or 07831 806733
email: DrakeHP@aol.com

Established 32 years

Gas Central Heating
Installations
Boiler Replacements
Boiler Repair and Maintenance
Power Flushing
Bathrooms



Gas Safe
Registered Gas Installer
2185

Skatz

HAIR DESIGN

and
**Bethan's Beauty
Shop**

Opening times:

Mon Closed
Tue 9.00am-5.30pm
Wed 9.00am-8.00pm
Thu 9.30am-7.00pm
Fri 9.00am-5.30pm
Sat 8.00am-2.00pm

89 High Street
Longstanton
780909

New direct phone to
Bethan's Beauty Shop
789100

- We offer a full range of hair and beauty treatments
- Gift vouchers available
- Bio sculpture nail extensions and natural overlays
- KMS / Goldwell appointed salon
- New for the summer - St Tropez spraytan treatment
- Appointments not always necessary

P&P Home and Garden

Call 01954 782198 or 07954 372516

Email: pphomeandgarden@hotmail.co.uk

we tailor our services to suit your needs

No job too small

Weekly, Fortnightly, Monthly or one off jobs

**Friendly and reliable service carried out
by local mums**

We can offer:

Gardening Service

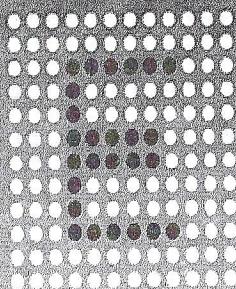
Cleaning Service

Dog Walking and Pet Service

Washing and Ironing Service

website :

www.pphomeandgarden.vpweb.co.uk



ENTIRE



Plumbing • Heating • Gas • Bathrooms
Property Maintenance • DIY Handyman Service • Water Softeners

T/F: 01954 204044 E: info@entiregroup.co.uk W: www.entiregroup.co.uk

Are you in need of a chiropodist ?



For a professional service in your own home:-



201278

Christopher Bruckshaw MSSCh MBChA

A registered member of the British Chiropody Association

REPORT TO PARISH COUNCIL OCTOBER 2013

REPORT FROM YOUR COUNTY COUNCILLOR JOHN REYNOLDS.

Shape Your Place – What does it do?

A set of 18 community websites, operating 365 days a year, ShapeYourPlace gives Cambridgeshire residents a real say about where they live. It was developed and is run by Cambridgeshire County Council. Residents can raise issues affecting their local area, start debates and conversations, and blog about local events, community activities and news. In the past year more than 70,000 people visited the sites more than 160,000 times. ShapeYourPlace hosts dedicated web pages for a number of smaller Councils; it also acts as a one-stop shop for the community, so residents no longer need to know who to report a problem to, ShapeYourPlace will make sure it gets to the right organisation. This approach makes it easier for partners such as district councils, police and the county council to respond to issues in a joined up and transparent way. Issues are responded to within 10 working days. ShapeYourPlace offers open and democratic conversations where local people can find out about, and influence, local decision making.

ShapeYourPlace.org is proving more cost effective than alternatives such as poorly attended neighbourhood panels. To view the sites, visit the landing page: <http://shapeyourplace.org/>. To find out more contact Sandy Willatt, Digital Engagement Manager, Cambridgeshire County Council.

Why has the County agreed to part fund the A14 road upgrade?

In discussions with the Department for Transport and the Treasury, it is clear that unless some funding towards the A14 improvement scheme is forthcoming from local sources, the scheme would not go ahead as it is unaffordable.

The Council has therefore agreed to put £25m into the scheme over a period of 25 years, probably starting between 2017 and 2020. At present, it is assumed that the £1m per year contribution will come from the Local Transport Plan funding. This has been agreed by Cabinet and we are currently in discussions with Treasury about the precise mechanism for payment. Whilst our preference would be not to pay this, the importance of the A14 to the local and national economy means it is necessary for our economic health. As well as the County Council, contributions are being made by a number of other local Councils and Local Enterprise Partnerships.

If I can be of help, please contact me: 4 Hollytrees Bar Hill CB23 8SF; J.E.Reynolds@ntlworld.com.

BUILDING WORK

All types of small building work undertaken by experienced craftsman. Competitive rates.

– TOM MOORE –

M: 078125 71384; H: 01954 202677;

E: tombola49@aol.com

LITTLE ACORNS PRE-SCHOOL



Little Acorns is a privately owned pre-school. We provide a wide range of activities to promote children's early learning and development.

We are open Monday to Friday from 9am–3 pm during term time. Children may come for a minimum of 2½ hours during this period up to the maximum of 6 hours per day, which includes lunch.

Children are able to start pre-school as soon as they are 2 years old.

Nursery Education Funding (15 hours free per week) is available in the term after the child's 3rd birthday.

We are registered to offer places to children on the 'free twos' scheme. If you are on income support you may be eligible for 10 hours per week of free care for your 2 year-old. Please ask us for more information about referral or visit the children's centre who will also be able to advise you about this.

All our staff hold early years' qualifications and are trained in first aid and child protection.

For more information or to register your child please see our new website at

www.littleacornspreschoolbarhill.co.uk or e-mail us at littleacorns.barhill@ntlworld.com. Or during session time please phone Sally or Gail on 07851 803083.

We are situated just off the green next to the primary school; please feel free to pop in for a visit. Alternatively we hold termly open mornings for all our new starters, when you and your child may visit together.

Our rooms are currently available to hire for children's parties and other events at very competitive rates. You don't have to attend pre-school to use this service. Please ring or e-mail for more information.

We look forward to meeting you and your child soon.

Little Acorns Pre-School, The Sparc Building, Gladeside, Bar Hill, Cambridge CB23 8DY. Tel: 07851 803083

littleacorns.barhill@ntlworld.com.

– CHILDREN IN NEED –

Who says pyjamas are only to be worn in bed? On the morning of Friday 15 November staff from the Daisy, Dolphin and Starship Children's Centres will wake up, have a stretch, get out of bed – and keep their pyjamas on for work! The team is hoping to raise £300 across the three Centres for this year's Children In Need. Children in Need is the BBC's UK corporate charity. Thanks to the support of the public, they are able to make a real difference to the lives of children across the UK. Every penny it raises goes towards helping disadvantaged children and young people right here in the UK. Children In Need is able to make this promise because it uses investment income and Gift Aid to cover running costs, meaning that you can be sure your money makes a real difference.

Sponsorship forms will be available at each Centre should you wish to make a donation.

Pictures from the event will be in our next Newsletter, so keep your eyes peeled!



Bar Hill Pre-School

Registered Charity No. 1030725
<http://www.barhillpreschool.co.uk>

Village Hall 01954 782892

Our ethos is to ensure high quality care by focussing on each child's ability and interests. Our key person and buddy system enables our team of highly qualified staff to plan activities to reflect the needs of all the children.

We offer fully flexible care between 9am-3pm, for children aged 2-5yrs and are registered for Nursery Education Funding (NEF) as well as the new government scheme 'Funded 2's'.

The extended outdoor learning environment provides opportunities from growing fruit and vegetables for our snack bar to discovering worms, ladybirds and other creatures that share the setting. We are proud to offer many additional learning experiences for your child with regular visitors to the setting as well as exploring the community around us. The setting is intimate and comfortable and provides a safe environment for your child to learn and develop with their peers. The indoor area has a quiet corner for reading as well as a range of toys and equipment for your child to discover. We have strong ties with the community through visits to local businesses, the library and the church.

Parent/Carer Partnership

To fulfil our commitment to meeting children's individual needs we use communication diaries as part of our outstanding parent/carers partnerships. Please contact us on the above telephone numbers or: enquiries@barhillpreschool.co.uk.

Our setting manager as well as session allocation coordinator, Sarah, and her deputy Michele are always on hand to support you through the registration process. We look forward to meeting you and your child.

- FOR SALE -

- Henselite Lawn Bowls - Classic Delux Size 3 (Medium): £25 ono
- Henselite Lawn Bowls - Series C, Heavy Classic Size 3 (Medium) - Unused: £95 ono
- Henselite Allmark Lawn Bowls - Supergrip Heavy Size 4: £25 ono
- Bowls bag: £10
- Technics RF wireless stereo headphones system: £20 ono
- Sennheiser Wireless Headphones £30 ono

Tel: 01954 201378

Get into the Christmas spirit at the Over Day Centre's

CHRISTMAS FAYRE

on Friday 13th December, from 2 pm

Come and join us!

The Over Day Centre

1 Drings Close, Over CB24 5NZ

COUNCILLOR CHAT

A14:- The current consultation on the A14 ended on Sunday 13 October. I hope residents were able to visit the consultation venues and respond to the survey. If there have been no responses it will be assumed that everyone is happy with the option the Highways Authority has given.

This first stage, in September and October 2013, seeks to establish a "preferred route" for the scheme. Later stages of consultation, to take place in 2014, will help the HA refine their plans and develop a detailed scheme proposal.

Local Plan - End of Consultation:- A draft Local Plan which would see a new town built north of Waterbeach, a new village at Bourn Airfield and a major extension to Cambourne to support new jobs being created has been put forward, after over 300 possible sites for development were assessed.

To help people find out more and have their say South Cambridgeshire District Council held 17 events in communities around the district with almost 1,400 people attending. 30,000 comments were received from consultations.

The new homes proposed in the draft Plan are in addition to around 14,000 homes that have been built, are under construction, or have planning permission, in locations such as the new town of Northstowe.

Around 900 of the homes needed are planned in six of the district's larger villages which have the best services and public transport links. These will also help make sure the Council has a flexible plan for the future as entirely new towns and villages take more time to deliver.

Once the consultation closes and all comments received have been registered, they will be published on the Council's website. This is likely to happen around the end of November but will depend on numbers received.

South Cambs Magazine is a good read, with lots of information about our area.

Should you need any help with any queries or further information please contact: Cllr Bunty Waters 01954 201421; 07734 690580;

cllr.waters@scambs.gov.uk; Cllr Roger Hall 01954 780304; cllr.hall@scambs.gov.uk.

CAMBRIDGE RE-USE

Cambridge Re-Use is a local charity, working within a 20 mile radius of Cambridge. It is carrying forward the good work of Cambridge Sofa which was established in 1988. They collect furniture and electrical goods, in good condition, sell them at low prices to people on low incomes or on benefits. Please contact them on 01223 576535 to arrange a collection or bring the goods to the store during normal working hours to Unit H, The Paddocks, 346 Cherry Hinton Road, Cambridge CB1 8DH.

The generosity of donors and a dedicated team of volunteers enable their service to benefit over 1,000 households each year.

email: donate@cambridgereuse.org.uk; website: www.cambridgereuse.org.uk.

THE BLOCK PAVING COMPANY

Installers of Drives & Patios

- individual block paving
- concrete setts
- paving slabs
- natural stone paving
- permeable paving

FREE QUOTATION WITHOUT OBLIGATION

Tel: 01954 205317

Mobile: 07850 919432

Email: sales@blockpavingcompany.co.uk

34 Partridge Drive
Bar Hill
Cambridge
CB23 8EN

www.blockpavingcompany.co.uk

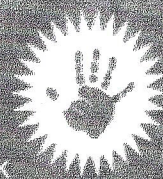
Everybody's pain
is different...
and so is their treatment.



If you would like us to help you work out the cause of your pain then please call or email.

**CAMBOURNE
OSTEOPATHS**
01954 28 28 20

www.cambourneosteopaths.co.uk



Irena Spence & Co Solicitors

68-70 Castle Street
Cambridge, CB3 0AJ

Tel: 01223 713300

Specialists in:

Conveyancing
Family/Matrimonial
Accident Claims
Litigation
Employment

5 Green End,
Comberton, CB23 7DY

A. Denton

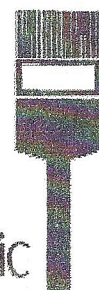
Painting & Decorating

High Quality



INDUSTRIAL

COMMERCIAL



DOMESTIC

102, Stonefield
Bar Hill
Cambridge
CB3 8TB

**01954
782472**



URBAN CAR COMPANY

QUALITY USED CARS

- ★ All Cars Multi Point Checked
- ★ Finance Arranged
- ★ Extended Warranties
- ★ Cars Bought for Cash

Your *local* car dealer owned by village residents who have all lived on the village for more than 35 years.

Viking Way, Bar Hill

TEL: 01954 782430

www.urbancarcompany.co.uk

UniPlumb



We offer a full range of plumbing and heating services including the following:

- Full bathroom installation & tiling service
- Full central heating system installation
- Vented & unvented cylinder replacement
- Boiler installations/replacements
- Central heating power flushing
- Repairs & maintenance
- Shower installation
- Water softener installation
- Underfloor heating
- Kitchen installation

To complement the above, we can also provide electrical, carpentry and plastering services

For a free quote please call 01954 212553 or email info@uniplumb.com alternatively

Visit our office at 117 Highfields Road, Highfields, Caldecote, Cambridge CB237NX



Ash Croft Veterinary Surgery

169, St. Neots Road, Hardwick Cambridge CB3 7QJ

Surgeries by appointment  **210250**

Laura Wood
BA, MA, VetMB, MRCVS

Visits by arrangement

Simon Shore
MA, VetMB, MRCVS

8.30 - 10.30 am & 4.30 - 7.00 pm Weekdays

9.00 - 11.00 am Saturdays, 10.00 - 11.00 am Sundays

Dragan Tomovic
BVSc, MRCVS

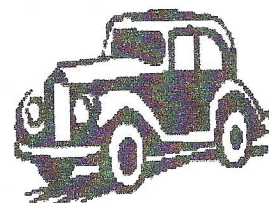


Full 24 hour Emergency Service

Andy's Kars Ltd

For Quality Servicing & Repairs

6 Viking Way, Bar Hill, Cambridge CB23 8EL www.andys-kars.co.uk Tel: 01954 782666



In our fully equipped, modern workshop, we'll cater for all your MOT, Servicing and Repairs requirements. On all makes of Cars and Light Commercial Vehicles



Opening Times: Mon-Fri 8:00am to 17:30pm
Sat 8:00am to 12noon

Honest advice with a smile,
we go the extra mile!





BAR HILL PARISH COUNCIL

Leigh Baffa, Parish Clerk

Tel: 01954 780456

e-mail: bhillpc-1@btconnect.com

Please note that the office is open to the public between 10am and 12 noon Monday to Thursday, and BY APPOINTMENT ONLY on Fridays.

PARISH COUNCIL WEB SITE

Please note our website is currently unavailable as we are in the process of creating a new one.

Parish Council Free Kerbside Collection

If you would like to dispose of all your waste electrical items before Christmas, there will be a free kerbside collection on Thursday 12th December. There is information about this on page 5 of this Bar Hill News; please also look out for the posters that will be displayed around the village a week or so before collection. This is a great opportunity to have a clear out before all new Christmas goodies are received.

DOG WALKERS

The Parish Council have had complaints from residents that people are walking their dogs without leads. Although this is acceptable, be aware that if your dog is a little boisterous and there are small children about, please put your dog on a lead as playful dogs can be misconstrued as aggressive. There have been several occasions where children have been frightened by an over-zealous dog.

PARISH COUNCIL MEETINGS

The next Parish Council meeting will be held on Thursday 21st November at 7pm in the Parish Council Office and all members of the public and press are welcome to attend. There is also an Open Forum at the start of each meeting for residents to put their views across.

HANDY TELEPHONE NUMBERS

Streetlights: 0800 253529 and give the number that is written on lamppost.

South Cambs District Council: 08450 450500.

County Council (damaged paths/roads): 01223 717111.

LOVE CHRISTMAS SHOPPING BUT HATE WRAPPING THOSE GIFTS?

Let me wrap them for you. I'll have a go at any shape. Sliding scale of charges – any money made will go to charity – depends on degree of difficulty!
Your paper or mine. 07946 165894.

ABSOBEAUTI

a little luxury you deserve

Shellac/IBD/Gelation Nail Polish; Minx; Manicures/Pedicures; Nail Stamping Designs and Nail Art.

Local business in The Brambles, Bar Hill.

Opening Times: 9am–3pm Monday–Friday (*weekend and evening appts available*). Call Sharon on 07967 610482.

– BAR HILL COLTS –

Match Report – 28 September

Bar Hill Eagles v Whittlesford Warriors

This home game kicked off on a glorious morning. Both teams started on par, with plenty of passing and moving from both teams. Gradually Bar Hill exerted control, with a couple of failed chances to Sam Conner and Ronnie Hewitt. Then Dan Norden scored in the 14th minute with a fantastic 20-yard strike. With the first half under way, Whittlesford's counter-attack was strong and threatening, with goalie Matthew Stewart making some fantastic saves, Dan Norden scores his second goal, assisted by Toby Simmonett. With the first half drawing to an end, Whittlesford scored.

Second half saw Issy Bryant take to midfield, wasting no time assisting Dan Norden in achieving his first hat-trick of the season. Bar Hill, now 3-1 up, were still under plenty of pressure from Whittlesford, who scored their second goal with only 10 minutes remaining. Defender Jack Knight cleared a late attack straight to the feet of Dan Norden, who put the match to bed with goal number four.

Final score: 4-2 win to the Eagles against a very challenging team. A great performance by all.

Match Report – 5 October

Bar Hill Rockets (U9s) v Longstanton

The Rockets had a late start to the season with a home game against Longstanton. The team soon settled into the game, maintaining good possession of the ball and making it difficult for the opposition to get a touch. This was soon rewarded with a goal to Bar Hill. From this point forward the team continued to gain confidence and went on to win by an impressive 8-0.

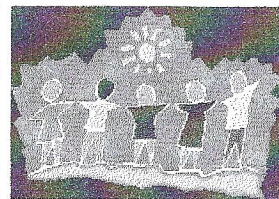
Goal scores for the Rockets were: Seth O'Neill (3), Jack Williams (2); Ben Grieves (1) Sebastian Collins (1) Ollie Runham (1). Special mention goes to Ollie for scoring his first goal for the Rockets and to Jack Williams, voted Man of the Match by the referee. Finally thank you to the parents for the continued support of the team.

Bar Hill Colts FC win "Charter Standard Community Club" award from Cambridgeshire FA

Founded in 2010, The FA Community Awards recognise and reward the achievements of everyone involved in the grassroots game – coaches, volunteers, leagues and clubs. The Awards build on the continued commitment of McDonalds to improve standards of community football and to increase participation across all aspects of the game through FA Charter Standard Leagues and Clubs. Grassroots football is at the heart of the national game and every week people dedicate time and energy to provide a professional, fun and rewarding experience for the local community. The Awards are split into eight categories. Congratulations to BH Colts FC. Read more at: <http://www.cambridgeshirefa.com>.

BAR HILL PARENT AND TODDLER GROUP

Wednesday and Friday 9.45–11.15 am at the Octagon Centre, next to Bar Hill Church.



For families and carers with children aged 0–4 years.

There are a variety of toys and activities for toddlers and pre-schoolers, and a baby area with mats and age appropriate toys. Drinks and snacks are

provided.

Prices: Under 1's – £1.00 (*or FREE when paying for a sibling over 1*); Over 1's – £2.00.

Maximum charge per family/child-minder – £3.00.

Visit our Facebook page for details of upcoming events; or e-mail: bhparentandtoddler@gmail.com.

- SING AND SIGN -

...is designed especially for all babies and toddlers, deaf or hearing. Signs are mainly based on Makaton, which are the easiest for babies to understand and copy with their tiny hands. Class sizes are strictly limited to 12 babies, so that the teacher can give each child and carer the learning support that they deserve.

Parents and carers bring babies generally from six months old to 'Sing and Sign' classes and feel the benefit of starting early. The adults learn the signs in a fun way while the babies enjoy the singing and music. Older babies and toddlers can also start at any age up to around 24 months and enjoy the fun and interactive aspects of the classes. Stage 2 classes for toddlers are more physically active and teach signs for age appropriate topics.

Baby signing helps to avoid the dreaded tantrums by enabling your baby to tell you what they want! As they become toddlers and start talking, the signs continue to help them to be understood while they improve on the clarity of their speech. This all helps to advance speech development; toddlers who have used baby signing commonly have a wider vocabulary than their peers. Free Taster sessions are available. Classes run termly in Bar Hill and at other venues around Cambridge. For more information about 'Sing and Sign' visit

www.singandsign.com and click on the Classes link.

You can also email singandsigncambridge@yahoo.com or call/text 07732 380191.

DECEMBER BIN COLLECTION DATES

4th December	black bin
11th December	green and blue bins
18th December	black bin
27th December	green and blue bins

MONTHLY UPDATE FROM YOUR LOCAL PCSO

House burglaries

End of September, two burglaries in Foxhollow, and one in The Fairway. Entry was via rear of properties and jewellery, cash or high value items were taken. Scenes of crime attended, gaining evidence and investigations are continuing. In response, on 8th October colleagues and I joined with two NHW members to conduct a door to door police survey in part of Foxhollow. The outcome was positive with no issues raised.

Tesco

A skimming device has been found attached to a cash machine at Tesco. It has been sent for finger print examination to hopefully help identify the responsible person/s.

Late morning on 25th September various tools were stolen from a locked van in the car park.

Skate Park

Due to a high volume of anti-social behaviour, my colleagues and I have spent a considerable amount of time on patrol in the area. A male suspect was arrested recently for public order and littering offences. He has been charged and is due in court soon.



Out of School Club
SPARC Building
Gladeside
Bar Hill

Telephone [during club hours] 07883 739368

We also have a website where you can get more information, as well as lots of photographs to show you what we do at our Club,

www.barhilloutofschoolclub.com.

We are situated in our purpose built building next to the School, with direct access from the playground. We provide childcare both during term time, after school and all School Holidays, for children aged 3-14 in a safe, stimulating and caring home from home environment with trained and experienced staff. The children walk directly to us when school finishes, with the reception and infant children being met in the reception classes and then accompanied to our building by our staff. Our Pre-School children are also collected by our staff from their Pre-Schools. Our children enjoy a wide range of inspiring equipment, games and craft activities, from pool to computer games, dressing up to craft and lots more, or if they prefer they can chill out on our comfy sofas. We also use the safe environment of the school playground for outdoor play. A snack, such as pasta, filled pittas etc followed by a biscuit and fresh fruit is provided. We make birthday cakes to celebrate each child's birthday, which we share.

We are registered with OSTED: this enables parents/guardians who are eligible, to claim up to 70% of their childcare costs. We are also able to accept childcare vouchers eg Fair Care and Busy Bees.

Our opening hours are: Term Time: 3.10 pm-6 pm
Monday to Friday; School Holidays: 8.15 am-6 pm
Monday to Friday; Craft sessions 10 am-Midday
Monday to Friday - £5

During the school holidays we also offer full and part time childcare as well as occasional childcare. We also run special craft and come-to-play sessions during the school holidays 10 am-12 noon which have proved very popular, both with children and their parents/carers. It's a chance to get your shopping done or maybe do something for yourself!

Please feel free to contact us if you would like any more information or would like to come along and see what we have to offer.

Patsie Ostler; barhilloutofschoolclub@hotmail.com.

Contact us

Ring 101 to report suspicious behaviour or activity. If you believe that a crime is in progress please ring 999.

You are welcome to contact me on alpo.mani@cambs.pnn.police.uk if you wish to let me know of any issues you may be experiencing.



Fitness Classes, all at Bar Hill Village Hall

Weds 7pm – Zumba
Weds 8pm – Fitness Pilates
Sat 8am – Circuits



Sessions normally £5 per class. All mats and equipment provided. Block discount cards available. Body Blast and men's circuits classes at Swavesey – see website for full details!

With over 30 years combined experience, we offer a full range of services including: -

Fitness Classes

Fitness & Fat Loss Bootcamps
Personal Training (pre/post natal specialist)
Sports Massage Therapy
Sports Performance Coaching
Corporate Health & Wellbeing
Fitness & Fat Loss Bootcamps
Sports Team fitness coaching

Based in Swavesey, and we also run a clinic in Partnership with Spirit Health Club, Holiday Inn, Cambridge.

www.essentialfitness.co.uk
Tel: 07803 706584
Email: info@essentialfitness.co.uk

Oakington Garden Centre

**Large selection of plants, pots
and garden sundries**

Open:

**Monday - Saturday 9am to 5pm
Sundays 10am to 4pm**

**Oakington Garden Centre,
Dry Drayton Road, Oakington.**

Tel. 01223 234818

Fax. 01223 236823

Email. oakingtongardencentre@hotmail.com



Jim Edwards

**Gas appliances, Plumbing and Heating
Gas Boiler Service from £59**

New Boiler Installations

Powerflushing service from £199

Bathroom Installations & Showers

Landlord Certificates & Gas safety checks

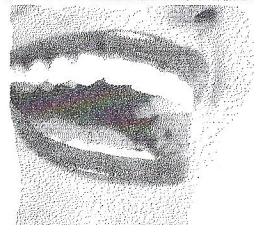
**All plumbing work undertaken, local friendly
service. Fully Insured.**

01954 267054

07870520702

www.cambridge-plumber.co.uk

jim-edwards@live.co.uk



**Bar Hill Dental Clinic
Hanover Close, Viking Way,
Bar Hill**

Cambridge CB23 8EH

01954 781616

www.cambridgedentist.co.uk

bhdc29@gmail.com

**Complimentary consultation for
Cosmetic Dentistry
Teeth Whitening
Dermal Fillers
Botox**

**We are currently accepting children
and adults with a valid
exemption (eg. Income support, pension
credit, pregnant etc) as NHS patients**

DHBK BOOKKEEPING SERVICES

Save time and money

- Secretarial/Admin
- Weekly, monthly, quarterly or ad hoc holiday cover
- Preparation of VAT returns
- Sickness or maternity leave

Based locally

Ring Denise on 07799 648327, so YOU can concentrate on running your business while I look after the paperwork



**Total
Relaxation**
at the farmhouse

The Old Farmhouse
Gladeside
Bar Hill, Cambridge CB23 8DY

01954 789 344
Open 7 days a week

*Aromatherapy, Body Massage,
Indian Head Massage, Reflexology
Hot Stone Massage
Hopi Ear Candles
Facials, Nail Extensions
Manicures & Pedicure, Gel Polish
Lash and Brow Treatments
Waxing*

Day Spa Packages including use of all
facilities are available

Email: total.relaxation@ntlworld.com
www.total-relaxation.co.uk

Krav Maga



"The most realistic **Self Defence** system in
the UK today" **Combat Magazine**

Bar Hill Community School Tel: 07760 456938
Tues 6.45—8.45pm Thurs 6.45—8.45pm

book your free lesson at
krav-maga-cambridge.co.uk



JOIN US ON FACEBOOK

www.facebook.com/cambridgekravmaga

L.F. Dean & Sons

Motor Body Specialists



01223 233250 (evenings 01954 782247)



07711 131085

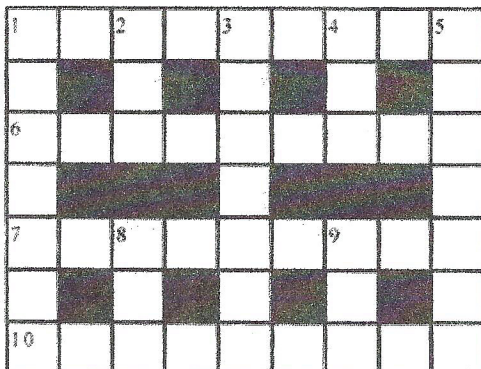
*All makes repaired * Welding *Re-spraying *Low-bake oven
Non-fault accident service **Free estimates**

4 Water Lane, Oakington

CROSSWORD CLUES FOR NOVEMBER

Across: 1. He intended to blow up Parliament.
6. see no1, with... 7. Apply oil. 10. Pointless or unconscious.

Down: 1. Bodies of geese. 2. Japanese money.
3. Feel anguish. 4. Young goat. 5. Urban road.
8. Coil of hair. 9. Imitate. 9. Small insect.



SOLUTION FOR OCTOBER

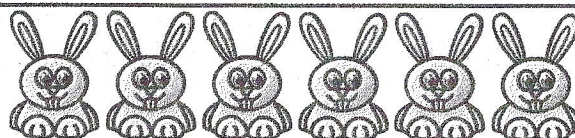
Across: 1. Bodies of geese. 2. Japanese money.
3. Feel anguish. 4. Young goat. 5. Urban road.
8. Coil of hair. 9. Imitate.
Down: Bedford. 2. AKA. 3. Scourge. 4. Ali.
5. Kinetic. 8. Sea. 9. Ant.

- BICYCLE REPAIRS & SERVICING -
Collection & Return Service.
07914 655086

- BAR HILL FOOTBALL PROJECT -



3G Astro pitch available to hire, evenings and weekends.
Ideal for birthday parties.
For availability and prices please contact Julie Marin,
booking secretary, on 01954 781838.



- LITTLE BUNNIES SENSORY SESSIONS -

Octagon Meetings Room, Bar Hill
Tuesdays 9.45-11.15am (term time)

*Come and let your little ones experience a range of
sensory activities, from messy play (aprons provided)
to music and story acting!*

Snack and drink for children; hot drink for adults
included.

£1 under 1yr; £2 per child;
£3 for two or more children.

SHOPPING SERVICE

This service is for Cambridgeshire residents,
aged over 60, who are unable to, or may have
difficulty in doing their shopping. Many
supermarkets now offer online shopping but
unless you have a computer you cannot take
advantage of this convenient service.
Phone your order to our Shopping Service and
we will make all the arrangements, and arrange
delivery to your home. There is no commitment
to shop every week.

Age UK Cambridgeshire makes no charge for
this service but supermarket charges for delivery
may vary.

Enquires and orders can be taken from Monday-Friday
between 9am-12.30pm on 01354 696650
Registered charity number: 1107589

RESIDENTS' ASSOCIATION



Interested persons are always welcome at
Residents' Association meetings. These are
usually held on the first Tuesday of the
month at 8 pm in the Parish Council office.
Next meetings is on 5th November.

NOVEMBER PUZZLE

Form the names of nine Herbs or Spices containing nine letters in alphabetical order.

B	A	N	E	Y	E	L	E	B		A	N			E		R	
B	R	I	F	E	N	L	I	Q			I		K		E		D
C	H	I	F	I	N	O	C	C			R			N	D		R
C	O	R	G	H	T	O	R	E	E					I	G		T
C	K	W	G	R	O	R	R	Y			N			R		E	
D	E	R	H	E	L	S	E	L	F		N		C		H		O
E	B	E	H	I	O	U	G	R			O		N		S	E	
E	E	D	I	A	N	U	N	D			L			B	O		E
E	E	K	I	C	E	U	O	R	I				O		I		E

Solution for October:

ALBATROSS, BLACKBIRD, CHAFFINCH, CORNCRAKE, GOLDCREST, KITTIWAKE,
PARAQUITO, SCRATCHER, TRUMPETER.

Do you need someone
to feed your cat,
regularly or
occasionally? Look after
your house when you
go away, either with
regular visits or staying
there?

Retired non-smoking
tee total single lady is
willing to help.

*Reliable, trustworthy and
kind. CRB checked.*

07946 165894

Paper delivery
07814 754520

– Events Calendar –

date	event	where	time
2 November	Bar Hill Community Market	Octagon	10.30 am–2 pm
6 November	Friends of the Rosie Stall	Addenbrooke's	10 am–4.30 pm
6 November	Little Tinker's Charity Event A Little Christmas 'Pop Up Gift Stall'	52 Thornhill Place, Longstanton, CB24 3EE	1200–9.30 pm
7 November	Friends of Bar Hill Library coffee morning	Library	10 am–12.00
7 November	8 O'Clock Club – Growing Old Disgracefully	Bar Hill School	8 pm
7 November	NWR – People from History	venue: Kaye's	8 pm
7 November	Health Walk	Memorial Gardens	10.30 am
9 November	Children In Need Fundraising Fair	Bar Hill Village Hall	1–4 pm
10 November	Comberton Rambling Group (www.combertonramblers.org.uk)		10.15 am
14 November	NWR – National Telephone Trail	venue: Di's	8 pm
16 November	Knit and Natter Christmas coffee morning	Octagon	10 am–12.00
16 November	Ultimate British Wrestling Show	Bar Hill Village Hall	doors open 6 pm
20 November	Health Walk	Memorial Gardens	10.30 am
21 November	NWR – Come Dine with Me	venue: Karen's	8 pm
23 November	Craft Group Christmas All Day Event	Octagon	10.30 am–4 pm
24 November	Comberton Rambling Group		10.15 am
30 November	Bar Hill School PTA Christmas Fayre	School Hall	2–4 pm
4 December	Friends of the Rosie Stall	Addenbrooke's	10 am–4.30 pm
5 December	Friends of Bar Hill Library coffee morning	Library	10 am–12.00
5 December	8 O'Clock Club – Christmas Dinner	Bar Hill School	8 pm
5 December	NWR – Islands Around Britain	venue: Jane's	8 pm
5 December	Health Walk	Memorial Gardens	10.30 am
7 December	Bar Hill Community Christmas Market	Octagon	10.30 am–2 pm
8 December	Comberton Rambling Group		10.15 am
12 December	FREE collection of electrical equipment	see page 5, and Parish Council notes on page 25	
13 December	Christmas Fayre	Over Day Centre	from 2 pm
18 December	Health Walk	Memorial Gardens	10.30 am

WATCH YOUR WASTE – NOT YOUR WAIST – THIS CHRISTMAS

Christmas is traditionally a time for generosity, indulgence and feasting. We love to give presents, feed family and friends and eat our own bodyweight in festive fodder.

It's not only our waistlines that gain weight at Christmas. Festive bins are the fattest of the year, with an extra 750,000 tonnes of waste in England alone, an increase of around 30%, generally made up of food waste, glass bottles, packaging and gift wrap. To make it as easy and convenient as possible for you to recycle and compost your festive waste, here are a few tips.

Blue Bin: Most packaging can be placed in the blue bin, including glass bottles and jars; tins and cans; cardboard (large pieces can be flattened and placed next to your blue bin for collection); greeting cards; all types of gift wrapping; plastic pots, tubs, trays; plastic

packaging; plastic film (all types as long as clean). If your blue bin is full, extra recycling can be placed out for collection in a cardboard box or returnable container.

Paper Caddy: newspapers; magazines; leaflets; greeting card envelopes.

Green Bin: all food waste (cooked or raw); real Christmas trees – when cut up and placed inside the bin. If you follow these simple steps, your black bin should remain practically empty with only non recyclable and non compostable items, such as polystyrene and nappies. Remember, collection days change over the festive period due to the Bank Holidays. Look out for your collection calendar in the winter edition of the South Cambs Magazine. You can also find it online at www.scambs.gov.uk/bins-by-parish, and in your Bar Hill News.

THE HAIR COMPANY

Professional Mobile Hairdressing.
Covering Bar Hill and surrounding areas.
Call Caroline: 07843 238718



– FOR SALE –

Skylanders giant character (Hot Head) +6yrs.
Still in its box. Ordered by mistake: £9 ono.
Tel: 01954 781247; 07812 186558.